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## *RHF Year Round Class Schedule 2021-2022*

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Growth Mindset – 4 weeks  
June 7 – July 1

**[OFF 4<sup>TH</sup> OF JULY WEEK]**

Protective Factors – 6 weeks  
July 12 – August 17

Empathy – 2 weeks  
August 23 – August 31

**[OFF LABOR DAY WEEK]**

Child Development – 4 weeks  
September 13 – October 5

Effective Discipline – 6 weeks  
October 11 – November 16

**[OFF THANKSGIVING WEEK]**

Non-Violent Communication – 3 weeks  
November 29 – December 14

**[OFF CHRISTMAS AND NEW YEARS WEEKS]**

Stress/Anger Management and Emotions – 6 weeks  
January 3 to January 11

**Break week of 17<sup>th</sup> [MLK day]**

January 24 to February 15

**[OFF PRESIDENT'S DAY WEEK]**

Self-Esteem – 5 weeks  
February 28 – March 29

Co-Parenting and Communication – 6 weeks  
April 4 – May 10

Mindfulness – 2 weeks  
May 16 – May 24

Growth Mindset – 4 weeks  
June 6 – June 28